

# Innovation Running Day - la Marcia della Salute

Data  
Gara

28/09/2019  
Non Competitiva 6 km

## Generale

pos	pett.	atleta	sex	cat.	p.cat team	naz	race time	real time	gap	media
1	329	ABBA RICCARDO	M			ITA	0:30:13	0:29:16		4:52
2	211	ABBA' MARINA ANDREA	F		ROAD RUNNERS CLUB MILANO	ITA	0:42:34	0:41:54	+12:22	6:58
3	400	ACUNZO CARLO	M			ITA	0:31:33	0:31:25	+1:20	5:14
4	171	ALEMANNI GIORGIO	M		ROAD RUNNERS CLUB MILANO	ITA	0:36:38	0:35:44	+6:25	5:57
5	794	AMBROSINI ANTONELLA	F			ITA	0:27:21	0:27:10		4:31
6	482	ANGIOLETTI ALICE	F		LAUREA INFERMIERISTICA	ITA	0:51:19	0:50:43	+21:07	8:27
7	674	APOSTOLO ANNA	F			ITA	0:56:18	0:55:17	+26:06	9:12
8	753	ARDIA EMILIO	M			ITA	0:53:15	0:53:15	+23:02	8:52
9	763	AREVALO ANDREA	F			ITA	0:41:43	0:41:31	+11:31	6:55
10	229	ARTI ROBERTO	M		ROAD RUNNERS CLUB MILANO	ITA	0:32:34	0:32:07	+2:22	5:21
11	303	ARTUSO SABRINA	F			ITA	1:00:32	0:59:30	+30:20	9:54
12	616	BADULLI STEFANIA	F		ROAD RUNNERS CLUB MILANO	ITA	0:28:59	0:28:59		4:49
13	667	BALLA DIEGO	M			ITA	0:29:33	0:28:44		4:47
14	230	BARBONAGLIA CRISTINA	F		ROAD RUNNERS CLUB MILANO	ITA	0:56:18	0:55:17	+26:06	9:12
15	381	BAVETTA ROSEMARY	F			ITA	0:51:20	0:50:42	+21:07	8:26
16	176	BERTOLETTI MARCO	M		ROAD RUNNERS CLUB MILANO	ITA	0:29:52	0:29:10		4:51
17	488	BIGNAMI CHIARA	F		LAUREA INFERMIERISTICA	ITA	1:01:29	1:00:54	+31:17	10:08
18	646	BOCCALARI MONICA	F		ROAD RUNNERS CLUB MILANO	ITA	0:41:47	0:41:33	+11:34	6:55
19	141	BONATO LUCA	M		ROAD RUNNERS CLUB MILANO	ITA	0:32:48	0:32:27	+2:35	5:24
20	733	BOSISIO MASSIMILIANO	M			ITA	1:07:15	1:06:55	+37:02	11:09
21	732	BOSISIO SIMONE	M			ITA	1:07:14	1:06:54	+37:02	11:08
22	350	BRUSAMOLINO ANDREA	M		AVIS POZZUOLO MARTESANA	ITA	0:57:17	0:56:49	+27:05	9:28
23	112	CALLEGARI GIOVANNI PAOLO	M		ROAD RUNNERS CLUB MILANO	ITA	0:30:40	0:30:18	+28	5:02
24	446	CALISTI STEFANIA	F		AVIS CINISELLO BALSAMO	ITA	0:38:51	0:38:49	+8:38	6:28
25	425	CANCELLIERI ERIKA	F		AMICI DELLA NEONATOLOGIA	ITA	0:39:47	0:38:56	+9:35	6:29
26	797	CAPELLI ROBERTO	M			ITA	0:40:51	0:40:15	+10:39	6:42
27	467	CAPORASO ANTONIO	M		CAMMINA E VIVI SANO - AVIS	ITA	0:41:06	0:40:49	+10:53	6:48
28	437	CAPPELLO MARINELLA	F		AVIS CINISELLO BALSAMO	ITA	0:53:28	0:53:25	+23:16	8:54
29	564	CARRILLO GABRIELA	F		ROAD RUNNERS CLUB MILANO	ITA	0:31:23	0:31:02	+1:11	5:10
30	615	CARUSO MARIA GRAZIA	F		ROAD RUNNERS CLUB MILANO	ITA	0:41:10	0:40:31	+10:58	6:45
31	393	CASTELLANO CLAUDIA	F			ITA	0:34:00	0:33:02	+3:48	5:30
32	755	CATTANEO CHIARA ANGELA	F			ITA	0:34:22	0:33:37	+4:09	5:36
33	181	CAVALLI MONICA	F		ROAD RUNNERS CLUB MILANO	ITA	0:31:54	0:31:41	+1:42	5:16
34	335	CAVICCHIO CARLO	M			ITA	0:53:09	0:52:29	+22:56	8:44
35	635	CENINI MONICA	F		ROAD RUNNERS CLUB MILANO	ITA	0:56:18	0:55:16	+26:06	9:12
36	454	CEREDA AMBRA	F		CAMMINA E VIVI SANO - AVIS	ITA	0:39:18	0:39:01	+9:06	6:30
37	555	CEREDA CRISTINA	F		ROAD RUNNERS CLUB MILANO	ITA	0:42:01	0:41:46	+11:49	6:57
38	455	CEREDA ILARIA	F		CAMMINA E VIVI SANO - AVIS	ITA	0:56:43	0:56:24	+26:30	9:24
39	669	CHECCACCI FEDERICA	F			ITA	0:29:23	0:28:32		4:45
40	182	CHIRICHELLA COSTABILE	M		ROAD RUNNERS CLUB MILANO	ITA	0:35:11	0:34:32	+4:58	5:45
41	183	CIAMPA DANIELA	F		ROAD RUNNERS CLUB MILANO	ITA	1:00:44	0:59:35	+30:31	9:55
42	534	CIANCI GIUSEPPINA	F		MOROSITAS RUGBY	ITA	0:59:40	0:59:12	+29:28	9:52
43	613	COLLINI MASSIMO	M		ROAD RUNNERS CLUB MILANO	ITA	0:40:34	0:40:20	+10:22	6:43
44	505	COMI GIULIA	F		LAUREA INFERMIERISTICA	ITA	1:01:29	1:00:53	+31:16	10:08
45	575	CUCCO ARMANDA	F		ROAD RUNNERS CLUB MILANO	ITA	0:36:03	0:34:49	+5:51	5:48
46	636	CUCCO IVANA	F		ROAD RUNNERS CLUB MILANO	ITA	0:37:55	0:37:41	+7:43	6:16
47	549	CURTOSI ELENA	F		ROAD RUNNERS CLUB MILANO	ITA	0:29:48	0:28:41		4:46
48	317	DAL DOSSO SABRINA	F			ITA	0:56:09	0:55:54	+25:56	9:18
49	698	DAMIANI SILVIA	F			ITA	0:45:47	0:45:02	+15:35	7:30
50	468	DE CRISTOFARO DANIELA	F		CAMMINA E VIVI SANO - AVIS	ITA	0:54:45	0:54:30	+24:33	9:04
51	373	DE MARTINO ANDREA GIUSEPPE	M			ITA	0:36:15	0:35:38	+6:03	5:56
52	374	DE MARTINO DIEGO	M			ITA	0:36:14	0:35:41	+6:01	5:56
53	187	DEALLEGRI STEFANO	M		ROAD RUNNERS CLUB MILANO	ITA	0:32:59	0:32:14	+2:47	5:22
54	754	DELLA ZIZZA STEFANIA	F			ITA	0:53:17	0:53:17	+23:05	8:52
55	207	DELLATORRE ROBERTA	F		ROAD RUNNERS CLUB MILANO	ITA	0:43:53	0:43:36	+13:40	7:15
56	457	DI BELLA DOMENICO	M		CAMMINA E VIVI SANO - AVIS	ITA	0:35:53	0:35:37	+5:40	5:56
57	210	DIVINA LUCA	M		ROAD RUNNERS CLUB MILANO	ITA	0:44:20	0:43:26	+14:08	7:14

# Generale

pos	pett.	atleta	sex	cat.	p.cat team	naz	race time	real time	gap	media
58	666	ENNA MARCO	M			ITA	0:29:11	0:28:24		4:43
59	215	FEDELI ANNA	F		ROAD RUNNERS CLUB MILANO	ITA	0:30:32	0:30:19	+20	5:03
60	466	FERRARI DAVIDE	M		CAMMINA E VIVI SANO - AVIS	ITA	0:41:28	0:41:12	+11:16	6:51
61	383	FRACASSI FRANCESCO	M			ITA	0:26:41	0:26:31		4:25
62	218	FRESTA GRAZIA	F		ROAD RUNNERS CLUB MILANO	ITA	1:03:07	1:01:57	+32:54	10:19
63	443	FUMAGALLI ROBERTO	M		AVIS CINISELLO BALSAMO	ITA	0:53:28	0:53:25	+23:16	8:54
64	559	GABRIELI LOREDANA	F		ROAD RUNNERS CLUB MILANO	ITA	0:41:47	0:41:33	+11:35	6:55
65	625	GALLO MASSIMO	M		ROAD RUNNERS CLUB MILANO	ITA	0:27:26	0:26:42		4:26
66	621	GARAVAGLIA STEFANO	M		ROAD RUNNERS CLUB MILANO	ITA	0:30:19	0:30:06	+6	5:00
67	195	GARIBOLDI MAGDA GIULIANA	F		ROAD RUNNERS CLUB MILANO	ITA	0:31:05	0:30:50	+52	5:08
68	554	GERMANI CHIARA	F		ROAD RUNNERS CLUB MILANO	ITA	0:32:30	0:32:12	+2:18	5:22
69	216	GIARDULLO ANGELA	F		ROAD RUNNERS CLUB MILANO	ITA	0:43:01	0:42:31	+12:48	7:05
70	758	GRIMA GIORGIO	M			ITA	1:03:07	1:01:57	+32:54	10:19
71	593	IABICHELLA LUISELLA	F		ROAD RUNNERS CLUB MILANO	ITA	0:32:09	0:31:52	+1:56	5:18
72	706	INGENITO GIUSEPPINA	F			ITA	0:59:39	0:59:13	+29:27	9:52
73	692	LA PORTA DANIELA	F			ITA	0:34:26	0:34:06	+4:14	5:40
74	175	LAZZARO DANIELE	M		ROAD RUNNERS CLUB MILANO	ITA	0:57:04	0:55:50	+26:51	9:18
75	790	LEGA LUDOVICA	F			ITA	1:01:54	1:01:47	+31:41	10:17
76	399	LEVA SONIA	F			ITA	0:32:08	0:32:00	+1:55	5:19
77	537	LOMBARDO ANTONIO	M		MOROSITAS RUGBY	ITA	0:59:34	0:59:17	+29:21	9:52
78	538	LOMBARDO GIADA	F		MOROSITAS RUGBY	ITA	1:08:43	1:08:26	+38:30	11:24
79	343	LONGHI STEFANO	M			ITA	0:36:12	0:35:38	+5:59	5:56
80	622	LUNINI MARCO	M		ROAD RUNNERS CLUB MILANO	ITA	0:38:23	0:37:13	+8:10	6:12
81	693	MAGLIOCCHETTI ALESSANDRO	M			ITA	0:31:36	0:31:16	+1:24	5:12
82	107	MAIOCCHI VINCENZO	M		ROAD RUNNERS CLUB MILANO	ITA	1:02:36	1:02:10	+32:23	10:21
83	602	MANIERI LISA	F		ROAD RUNNERS CLUB MILANO	ITA	1:00:53	0:59:50	+30:41	9:58
84	172	MARCANTONIO BARBARA	F		ROAD RUNNERS CLUB MILANO	ITA	0:59:36	0:58:23	+29:23	9:43
85	173	MARCANTONIO VERONICA	F		ROAD RUNNERS CLUB MILANO	ITA	0:59:36	0:58:24	+29:24	9:43
86	591	MASTROSTEFANO FLORA	F		ROAD RUNNERS CLUB MILANO	ITA	0:30:20	0:30:07	+8	5:01
87	578	MATTANA SUSANNA	F		ROAD RUNNERS CLUB MILANO	ITA	0:33:52	0:33:38	+3:39	5:36
88	553	MEDORO PAOLO	M		ROAD RUNNERS CLUB MILANO	ITA	0:32:30	0:32:12	+2:18	5:22
89	200	MELIS ORLANDO	M		ROAD RUNNERS CLUB MILANO	ITA	0:29:01	0:28:09		4:41
90	642	MERAVIGLIA MARTA	F		ROAD RUNNERS CLUB MILANO	ITA	0:40:46	0:39:42	+10:33	6:36
91	487	MERENE GIOIA	F		LAUREA INFERMIERISTICA	ITA	1:01:28	1:00:53	+31:16	10:08
92	217	MILANO GIOVANNI	M		ROAD RUNNERS CLUB MILANO	ITA	0:41:54	0:41:12	+11:42	6:51
93	336	MONDINI MONICA	F			ITA	0:52:25	0:51:45	+22:12	8:37
94	372	MONTISSORI ROBERTA	F			ITA	0:56:45	0:56:15	+26:32	9:22
95	581	MORANDI ROBERTO	M		ROAD RUNNERS CLUB MILANO	ITA	0:28:06	0:27:54		4:38
96	359	MORO LUANA	F		AVIS POZZUOLO MARTESANA	ITA	1:00:02	0:59:53	+29:50	9:58
97	536	MORO VERONICA	F		MOROSITAS RUGBY	ITA	0:59:40	0:59:15	+29:27	9:52
98	716	MOSCATELLI ELISABETTA	F			ITA	0:57:39	0:56:44	+27:26	9:27
99	386	NICCOLAI ALESSANDRO	M			ITA	0:29:40	0:29:31		4:55
100	202	NOCERA AURORA	F		ROAD RUNNERS CLUB MILANO	ITA	0:43:53	0:43:36	+13:40	7:15
101	174	NOVIELLO CRISTIANA	F		ROAD RUNNERS CLUB MILANO	ITA	0:57:04	0:55:50	+26:52	9:18
102	362	NOZZA ORNELLA	F		AVIS POZZUOLO MARTESANA	ITA	1:00:02	0:59:52	+29:50	9:58
103	355	OLIVA ELENA	F		AVIS POZZUOLO MARTESANA	ITA	0:57:16	0:56:49	+27:03	9:28
104	746	OLIVETO ROSANA	F			ITA	1:10:08	1:08:57	+39:56	11:29
105	464	OLIVINA MATTEO	M		CAMMINA E VIVI SANO - AVIS	ITA	0:59:49	0:59:30	+29:36	9:54
106	504	PALLINGAYAN JUDITH	F		LAUREA INFERMIERISTICA	ITA	1:01:28	1:00:55	+31:16	10:09
107	405	PANTEA MARILENA	F			ITA	0:33:32	0:32:38	+3:20	5:26
108	191	PAPAGNI ALESSANDRO	M		ROAD RUNNERS CLUB MILANO	ITA	0:32:34	0:31:57	+2:22	5:19
109	543	PEREGO FLAVIA	F		MOROSITAS RUGBY	ITA	0:34:03	0:33:47	+3:50	5:37
110	702	PERENZONI ANTONIO	M			ITA	0:46:06	0:45:56	+15:53	7:39
111	701	PERENZONI ERICA	F			ITA	0:46:02	0:45:54	+15:50	7:38
112	532	PERRE SARA	F		MOROSITAS RUGBY	ITA	0:59:39	0:59:14	+29:27	9:52
113	798	PESENTI ANDREA	M			ITA	0:45:09	0:44:32	+14:56	7:25
114	177	PIGNATELLI CARLO	M		ROAD RUNNERS CLUB MILANO	ITA	0:31:42	0:31:00	+1:30	5:09
115	316	PIRO MASSIMO	M			ITA	0:56:08	0:55:53	+25:56	9:18
116	353	PLATTO ANNAMARIA	F		AVIS POZZUOLO MARTESANA	ITA	0:57:16	0:56:52	+27:03	9:28
117	339	PORCU MICHELE	M			ITA	0:32:20	0:32:08	+2:08	5:21
118	439	PUZZOLANTE GIORGIA	F		AVIS CINISELLO BALSAMO	ITA	0:41:23	0:41:20	+11:11	6:53
119	731	RAVINI MARIO CARLO	M			ITA	0:38:32	0:38:29	+8:20	6:24
120	205	RAVIZZA ROBERTO	M		ROAD RUNNERS CLUB MILANO	ITA	0:38:11	0:37:31	+7:59	6:15

# Generale

pos	pett.	atleta	sex	cat.	p.cat team	naz	race time	real time	gap	media
121	204	RE ITALO LOREDANO	M		ROAD RUNNERS CLUB MILANO	ITA	0:30:40	0:30:17	+27	5:02
122	458	RE ROBERTO	M		CAMMINA E VIVI SANO - AVIS	ITA	0:59:48	0:59:31	+29:36	9:55
123	773	REGGIANINI ROBERTO	M			ITA	0:53:07	0:52:22	+22:54	8:43
124	361	RIGAMONTI DANIELA	F		AVIS POZZUOLO MARTESANA	ITA	1:00:02	0:59:52	+29:49	9:58
125	460	RILLOSI GIUSEPPE	M		CAMMINA E VIVI SANO - AVIS	ITA	0:56:43	0:56:27	+26:30	9:24
126	690	RIPAMONTI MARGHERITA	F			ITA	0:56:15	0:55:15	+26:03	9:12
127	756	RIVA GIACOMO	M			ITA	0:27:53	0:27:47		4:37
128	388	RIVA ROBERTO	M			ITA	0:30:50	0:30:39	+37	5:06
129	486	RODRIGO JENNIFER	F		LAUREA INFERMIERISTICA	ITA	1:01:29	1:00:54	+31:17	10:08
130	541	ROMANO KATIA	F		MOROSITAS RUGBY	ITA	1:07:15	1:06:56	+37:02	11:09
131	212	ROSELLI GLORIA	F		ROAD RUNNERS CLUB MILANO	ITA	0:43:04	0:42:24	+12:51	7:03
132	149	ROSSI ALBERTO	M		ROAD RUNNERS CLUB MILANO	ITA	0:26:36	0:25:50		4:18
133	296	SANCLEMENTE ALESSANDRO	M			ITA	0:41:01	0:40:51	+10:48	6:48
134	398	SARTORE RICCARDO	M			ITA	0:28:13	0:28:07		4:41
135	413	SCALICH LUCA	M			ITA	0:34:01	0:33:03	+3:48	5:30
136	580	SCHEPIS CINZIA	F		ROAD RUNNERS CLUB MILANO	ITA	0:31:30	0:31:16	+1:18	5:12
137	740	SCHIRRU VITTORIO	M			ITA	0:26:46	0:26:45		4:27
138	417	SCUFFI CHIARA	F			ITA	0:38:28	0:38:17	+8:15	6:22
139	687	SERRA ALESSANDRO	M			ITA	0:45:37	0:45:30	+15:25	7:34
140	225	SESANA MARIA CRISTINA	F		ROAD RUNNERS CLUB MILANO	ITA	1:00:53	0:59:50	+30:41	9:58
141	688	SILVESTRI GUIDO	M			ITA	0:29:55	0:29:48		4:57
142	596	SPECCHIO ALESSANDRO	M		ROAD RUNNERS CLUB MILANO	ITA	0:38:23	0:37:12	+8:10	6:11
143	206	TARANTINI NICOLA	M		ROAD RUNNERS CLUB MILANO	ITA	0:43:53	0:43:40	+13:41	7:16
144	540	TARGI ANNA	F		MOROSITAS RUGBY	ITA	0:47:12	0:46:54	+16:59	7:48
145	414	TISO BRUNELLA	F			ITA	0:41:01	0:40:51	+10:49	6:48
146	302	TOMMASI MASSIMO	M			ITA	1:00:33	1:00:33	+30:20	10:05
147	356	TONGHINI PIERO	M		AVIS POZZUOLO MARTESANA	ITA	0:38:47	0:38:18	+8:34	6:22
148	705	TRAVERSO ROBERTO	M		MEDICAL	ITA	0:54:41	0:54:09	+24:28	9:01
149	305	TRIULZI MARCO	M			ITA	0:34:27	0:34:22	+4:15	5:43
150	703	TUROLLA SARA	F			ITA	1:08:43	1:08:25	+38:30	11:24
151	644	VALERIOTI STELLA	F		ROAD RUNNERS CLUB MILANO	ITA	0:30:06	0:29:53		4:58
152	783	VALLI MARCO	M			ITA	0:46:08	0:45:49	+15:56	7:38
153	180	VALLI WALTER	M		ROAD RUNNERS CLUB MILANO	ITA	0:29:53	0:29:13		4:52
154	416	VETTORATO NICOLA	M			ITA	0:27:22	0:26:24		4:23
155	395	VIZIOLI FRANCESCA	F			ITA	0:39:31	0:38:56	+9:19	6:29
156	312	ZANOBIO MARCO GIUSEPPE	M			ITA	0:34:17	0:34:06	+4:05	5:40
157	347	ZELIANI LUIGI	M			ITA	0:31:52	0:31:01	+1:40	5:10